

Mrs. Mercurio's Weekly Info

Jan. 24-28, 2022



St. Joseph Mission Statement

St. Joseph Catholic School is a Catholic community that helps all persons grow to the fullness of their potential in faith and knowledge.

This Week:

Monday

- Phys. Ed.; wear gym clothes

Tuesday

- Wear orange class shirt

Wednesday

- Phys. Ed.; wear gym clothes

Thursday

- Dollar Jeans/Non-uniform Day: students can bring \$1.00 to school to be able to wear non-uniform clothing; proceeds go to a charity

Friday

- 8:30 Mass; Abigail and Hayden will hold the banner; bring money for church donation if you wish
- Phys. Ed.; wear gym clothes



What We Are Learning This Week:

Language Arts: practicing sounds; learning sounds of B, C, R; putting sounds together to make words; practicing identifying beginning and ending sounds; getting ideas to make a story

Math: Beginning chapter 11, "Subtraction Within 10".

Religion: chapter 17: "Jesus Grew Up in Nazareth"; Adoration; Atrium lesson: The Mustard Seed...something so small can become something so big (like the Kingdom of God...it will start small, and grow!); praying over class helper daily.

Science: Continue talking about water: what we use water for; how to conserve water; sink and float items.

Social Studies: Rules, laws, how we all work together.



Tip From Dr. Ray Guarendi

Today's kids are bombarded with many extra-curricular activities, electronics, and entertainment. If kids claim they are bored, limit these items. While they may complain at first, in the long run they will be forced to become more self-directed. They will have to learn how to occupy their time instead of relying on parents or others to provide entertainment for them. You can have more enjoyable time with them as you move from "party planner" or "cruise activities director" back to mom and dad.



Another Tip from Dr. Ray Guarendi

"The primary purpose of discipline is to teach a lesson...If you do x, I'll do y. Discipline is a promise of predictability. It shows children that they will be held responsible for their conduct, even if they don't cease that conduct in a timely manner. A secondary purpose of discipline is control. Initially grown-ups attempt to control children's behavior so that eventually the children will come to control themselves."

"Teaching a lesson happens immediately. Teaching self-control takes years—in some cases, a lifetime. You say to your son/daughter: "For throwing this fit you're in the corner; keep going and you're in bed" ...you've conveyed the primary purpose of discipline. You've taught the lesson. But just because you've informed your son/daughter of the reality, doesn't mean he/she will abruptly change his/her emotional direction. No, the lesson is now. The self-control comes later, the result of many lessons. Forty-three outbursts from the present one, your son/daughter may begin to realize, *Gee, every time I have a blowout, things happen to me that I don't like. I'd better get a quicker grip.* Thus, begins the seeds of self-control, of the ability to short-circuit an outburst in progress, and sometimes even before it starts."

Taken from Dr. Ray Guarendi's book "Discipline That Lasts a Lifetime; The Best Gift You Can Give Your Kids". Read it for more amazing tips!

